

COMMUNITY & SUPPORTIVE SERVICES

PROGRAM NEWSLETTER | JUNE 2010



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1: A. Harry Moore Development Update

If you haven't heard already, the *really big* news is that JCHA received a \$9.7 million HOPE VI grant for the revitalization of the second half of A. Harry Moore. The money will be used to leverage another \$60 million in other funding for the following:

- A full Community & Supportive Services Program for former A. Harry Moore residents
- Development of 116 mixed-income rental units on site
- Development of an early childhood education center on site
- Development of four 2-family affordable for-sale homes on Freeman Avenue
- Development of 70 affordable condos in two JCHA office buildings at Marion Gardens

If you drive by the site, you'll see that Building #1 has been demolished. After the other two buildings come down, we'll begin construction on Phase II - 60 rental units immediately. Former A. Harry Moore residents will continue to have first preference for these new units which will be ready for occupancy in early 2012.

We'll have lots to discuss at our HOPE VI meetings. **All are welcome to the next meeting which is to be held on Tuesday, July 20th at 2:00 PM, at 400 U.S. Highway #1.**



2: Lafayette Gardens Development Update

We had glorious weather (for once) for the Ocean Pointe Grand Opening in May. This development is now fully rented and senior residents are enjoying their spacious apartments, the new library with fireplace, large game room with a pool table and computer learning center.

And of course, the dirt continues to settle at Glennview Townhouses. We're still looking at a late summer construction start.

We will be building six to seven 1-family for-sale homes on the corner of Grand and Woodward. They are spacious 3-bedroom that will be sold on a first-come, first-serve basis to eligible applicants. You must have a family income in the \$38,000 - \$61,000 range and a family size of 3-5 persons. If you think you might be interested, please call Pat Price, Homeownership Coordinator, at 201.547.6724. Pat will review your credit and savings to see if you're ready to think about purchasing your own home.

We still have HOPE VI Task Force meetings the second Thursday of the month at 6:00 PM at the Barbara Place Community Center. Next meeting is July 8th. All are welcome.

3: Job Postings

Payroll Clerk

Local Anheuser-Busch Distributor in Jersey City looking for candidates to fill in their Payroll Clerk/Customer Service positions. Must be very accurate, computer literate and have good customer service skills. Candidate must be able to work with others as part of a team. Good telephone skills are required as he/she will be working with Delivery Drivers, Sales Representatives and Retail Customers. Hours: 8 AM - 4:30 PM, Monday - Friday. Competitive wages, benefits (Medical, Dental, Optical) and 401(k).

Receptionist

Hudson Kia in Jersey City is looking to fill full-time and part-time positions. Applicants must have an upbeat personality, enjoy dealing with the public as well as other employees. Telephone skills and a professional appearance are a must. Great pay including benefits and paid vacation.

Cashier

Full-time Cashier needed for busy Jersey City Drug Store. Duties include but are not limited to operating cash registers, complete and record sales, wrap merchandise for customers and replenish inventory. Great communication skills needed to assist customers with requests and operating ticket machine. Excellent pay.

Auto Mechanic

A & B auto mechanics needed in Jersey City. Training will be available. Fast paced environment. Must have own tools.

Child Care

If you love children then this is the job for you! Nanny/Childcare needed in Jersey City. Must have clean background record, be patient and nurturing; weekly pay and paid vacation. Hours are flexible, Monday - Friday. Must be at least 18 years of age.

Summer Employment

Accredited Preschool seeking experienced Abbott/Non-Abbott Teachers/Assistants, infants and toddlers Teacher's Assistants. Must be dedicated, committed, professional and able to work June 28, 2010 until August 20, 2010. No exceptions. All openings can lead to permanent positions.

Lord & Taylor

Full-time (40 hours/week); no experience necessary. Some Saturdays and overtime available. \$7.00/hour. Located in the Paramus Mall.

Dispatcher

Major transportation company in Hudson County seeking Dispatcher. Must have knowledge of Microsoft Word and Excel. High School Diploma or GED; good communication skills a plus. Hours: 4:30 AM - 12:30 PM.

4: Dear HOPE VI Resident

Something new - We want to hear from you!

The CSS newsletter is adding a new column in the next issue: *Resident Point of View*. We invite Lafayette Gardens and A. Harry Moore residents to submit information to be printed in the newsletter. Residents can submit updates, questions, concerns, suggestions, etc.

You may submit any information you would like to be included in the upcoming newsletter into the **Newsletter Boxes** located in the A. Harry Moore Management Office and the Lafayette Ross Office at Booker T. Washington Apartments.

5: W.I.S.E. Program

The Wellness Initiative for Senior Education sponsored by Partners-in-Prevention began on May 11, 2010 and is scheduled to run for six weeks. The program is geared towards our older residents and the topics range from *Understanding the Changes Associated with Aging, Aging Sensitivity, Valuing Cultural and Generational Diversity Medication and the Older Adult to Addiction (Alcohol, Tobacco and Other Drugs)* and *An Enhanced Quality of Life*.

6: Strengthening Families

Partners-in-Prevention began Families Fun Time on April 20, 2010 for members of the Curries Woods community who have children between the ages of 10 - 14. The topics for the six week program ranged from "Using Love Limits", "Encouraging Good Behavior" and "Using Consequences". The families shared a common meal before dividing into groups. Graduation was held on May 24, 2010; six families received Certificates of Completion and gift cards.

Program Offices

Community Revitalization Center

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Kevin Burnett

Program Coordinator



The Girl Scouts Heart of New Jersey continue to meet on alternate Mondays. The troop is still open to Curries Woods and neighborhood girls.

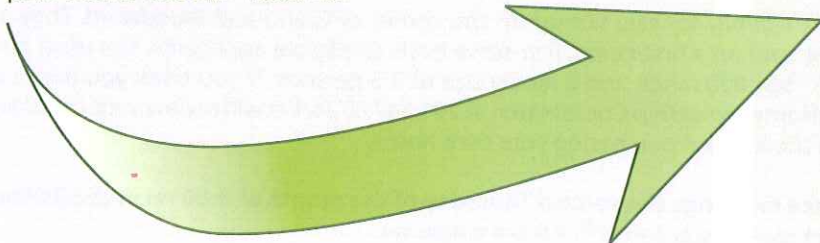
Summer Job Applications are available in the ROSS Program Office.

Computer Training - Intro to Computers is available on Mondays and Tuesdays.

Please contact the Program Office for details.

Would you like to update your current resume or get started on a new one today?

Stop by the ROSS Program Office for information and/or applications or call Kevin Burnett at 201.547.3721



7: Free Teens U.S.A.

Free Teens U.S.A. held their 2010 Royal Annual Banquet on May 22, 2010 at Casino in The Park. The objective of the Royal Annual Banquet is to provide a select group of young people with the opportunity to represent Free Teens U.S.A throughout the year nationwide. Programs and training is provided to motivate the youth to strive for higher standards of living, i.e. promoting abstinence and remaining drug-free.

Under the coordination of **Sonia Witherspoon**, the parents and the tenant board, two teens from Curries Woods were recognized for their hard work - **Krystal Harley**, who took third place as *Free Teens U.S.A Princess* and **Jada George**, who won the *People's Choice Award*.

Some teens were able to meet with New York Giants' center, David Tyree, who gave an inspirational speech with his spouse.

For more information about Free Teens U.S.A., visit them online at www.freeteensyouth.com.



Sonia Witherspoon



Jada George, winner of the *People's Choice Award* with her proud mom, **Annestine George**.



Krystal Harley, 3rd Place winner as *Free Teens U.S.A. Princess* smiles next to her mom, **Mildred Harley**.

8: The Chess Club

The Chess Club, led by Coach Bobby Stewart, Founder of the Kings Knight Chess Club, meets every Tuesday following the after school program coordinated by Brian Hurley. At The Chess Club, young residents learn the names and positions of the chess pieces and are then given one-on-one instructions on how to play the game of chess. These instructions are followed by friendly competition between the children.



9: Hey, did you know?

If you or someone you know has a substance abuse issue and may need counseling or overall support, **The National Council on Alcoholism and Drug Dependence of Hudson County (NCADD)** is available, free of charge and it's confidential.

The NCADD has been in Hudson County for over 35 years. According to Program Counselor Linda Avillez, the center is able to help families and individuals who are struggling with alcohol and drug dependence. The program also helps those who are trying to quit smoking. Program counselors are available to assist with assessments, community education and technical assistance. Services are available to anyone residing in Hudson County and programs are geared for those "at-risk" of losing control.

The center is available to work with community agencies and organizations that wish to get the word out about substance abuse. A team of counselors is prepared to speak to youngsters and residents about various drug intervention options.

The office is open to walk-ins, Monday through Friday from 9:00 AM – 6 PM and is located at 309-311 Newark Avenue. All information is strictly confidential.

To be referred and/or would for more information, you can contact **Kevin Burnett** at 201.547.3721 or visit the ROSS Program Office.

10: Summer Fun Program

The Summer Fun Program is open to children city wide ages 8-13 who reside in Jersey City. Activities include bowling, day trips, tennis, golf, basketball, swimming and more (see enclosed flyer). Breakfast and lunch are served daily for **full-day participants only**. **The Program runs weekdays from 9 AM to 3 PM beginning July 6th through August 6th, 2010.**

Additional Info/ Requirements/Fees:

- The Summer Fun Program is **FREE**, by June 30th, to all children ages 8-13 who are residents of Jersey City
- Proof of residency must be provided with registration
- All participants must follow the rules and regulations
- All money and valuables should be left at home. Jersey City Recreation is not responsible for any lost or stolen articles.
- All participants must be dressed appropriately for summer recreational activities.
- Swimsuits are required for participants to swim.
- Transportation is not provided to Summer Fun Program sites.

Applications can be obtained at <http://www.cityofjerseycity.com/recreation.aspx?id=3914>.

11: Development Meetings

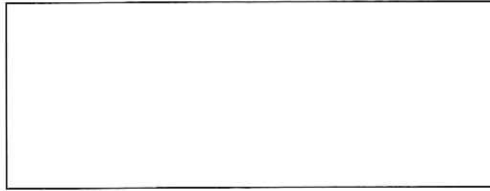
So that you can plan ahead...

The Lafayette Gardens HOPE VI Task Force Meetings are scheduled every second Thursday of the month at the Barbara Place Community Center at 6:00 PM.

July 8 | Aug 12 | Oct 14

The A. Harry Moore Revitalization Meetings are scheduled the third Tuesday of every other month at 2:00 PM.

July 20 | Sept 21



JCHA Board of Commissioners
 Chairperson Raj Mukherji
 Vice-Chairperson Elba Perez-Cinclarelli
 Commissioner Della Womack
 Commissioner John Garvey
 Commissioner Darice Toon
 Commissioner Freddie Kitchens
 Secretary/Executive Director Maria T. Maio

60 Fremont Street
 Jersey City, NJ 07302



12: Senior's Corner

Last week new statistics on diabetes were released by the **Centers for Disease Control and Prevention (CDC)** that showed 24 million in the U.S. now have diabetes - 8 percent of the population. What was buried deeper in the news release was the staggering statistic that almost 25 percent of the population age 60 and older had diabetes in 2009. And this situation is getting worse. The U.S. saw an increase of 3 million cases in just two years.

In addition to the 24 million with diabetes, another 57 million are estimated to have pre-diabetes, a condition that puts people at increased risk for diabetes. Then there are those who do not know they have the disease. This number of cases has decreased from 30 percent to 25 percent over a two-year period.

Diabetes is a disease associated with having high levels of blood glucose resulting from defects in insulin production that causes sugar to build up in the body. It is the seventh leading cause of death in the country and can cause serious health complications including heart disease, blindness, kidney failure and lower-extremity amputations. Among adults, diabetes increased in both men and women and in all age groups, but still disproportionately affects the elderly - one out of four now has it.

As in previous years, disparities exist between ethnic groups and minority populations including Native Americans, blacks and Hispanics. After adjusting for population age differences between the groups, the rate of diagnosed diabetes was the highest along with Native Americans and Alaska natives (16.5 percent). This was followed by blacks (11.8 percent) and Hispanics (10.4 percent) which includes rates for Puerto Ricans (12.6 percent), Mexican Americans (11.9) and Cubans (8.2 percent). By comparison, the rate for Asian Americans was 7.5 percent with whites at 6.6 percent.

"These new estimates have both good news and bad news," said Dr. Ann Albright, Director of the CDC Division of Diabetes Translation. "It is concerning to know that we have more people developing diabetes, and these statistics are a reminder of the importance of increasing awareness of this condition, especially those who are at high risk. On the other hand, it is good to see that more people are aware that they have diabetes. That is an indication that our efforts to increase awareness are working and more importantly, that more people are better prepared to manage this disease and its complications."

CDC also is releasing estimates of diagnosed diabetes for all counties in the United States. Derived from the agency's Behavioral Risk Factor Surveillance Survey (BRFSS) and census data, the estimates provide a clearer picture of areas within states that have higher diabetes rates. Nationally, the data indicate increased diabetes rates in areas of the Southeast and Appalachia that have traditionally been recognized as being at higher risk for many chronic diseases, including heart disease and stroke.

"These data are an important step in identifying the places in a state that have the greatest number of people affected by diabetes," said Dr. Albright. "If states know which communities or areas have more people with diabetes, they can use that information to target their efforts or tailor them to meet the needs of specific communities."

CDC, through its Division of Diabetes Translation, funds diabetes prevention and control programs in all 50 states, as well as the District of Columbia and eight U.S. territories and island jurisdictions. The National Diabetes Education Program, co-sponsored by CDC and the National Institutes of Health (NIH), provides diabetes education to improve the treatment and outcomes for people with diabetes, promote early diagnosis and prevent or delay the onset of diabetes.

Source: www.seniorjournal.com

For more information on diabetes, please visit www.cdc.gov/diabetes. To access the National Diabetes Fact Sheet and county-level estimates of diagnosed diabetes, click on the "data and trends" link at the left.